

# Catholic Tri-Parish Community

STS. SIMON & JUDE  
105 S. Bates St.  
FLANDREAU, SD 57028

OUR LADY OF GOOD COUNSEL  
PO Box E  
ELKTON, SD 57026

ST. PETER  
Colman, SD  
c/o Sts. Simon & Jude



From the  
Pastor

**Ash Wednesday Begins the Season of Lent with Abstinence and Fasting:** We receive ashes on our foreheads to remind us of our lowliness before God, our approaching death and need to repent of our sins. In the Catholic Church, this is an obligatory day of abstinence and fasting. Abstinence and fasting are spiritual exercises to help believers humble themselves before God and to strengthen their “will” by controlling their bodily desire to eat food when they feel hungry. The 40 days of Lent remind us of the 40 days that Jesus spent in the desert praying, fasting and being tempted by the devil. Later, during His ministry, “Jesus summoned the crowd with his disciples and said to them, ‘whoever wishes to come after me must deny himself, take up his cross and follow me.’” (Mk 8:34) Fasting and abstinence are two ways of denying ourselves.

**Abstinence** is for all people fifteen years of age and older. (Canon #1252). Abstinence is when we make a sacrifice and deny our desire to eat the meat. “**Abstinence from eating meat or another food according to the prescriptions of the conference of bishops is to be observed on Fridays throughout the year unless they are solemnities; abstinence and fast are to be observed on Ash Wednesday and on the Friday of the Passion and Death of Our Lord Jesus Christ.**” (Canon 1251) Friday abstinences are to remind us of The Ultimate Sacrifice of our Lord Jesus Christ, who not only denied Himself any physical comfort, but He suffered terrible pains physically, emotionally and spiritually to atone for our sins on The Cross. Abstinence, also, allows us to unite our personal sacrifice of not eating meat, to That Ultimate Sacrifice of Jesus Christ suffering pain and death for us. Yes!, abstinence, is a very minimal level of sacrifice on our part.

**Fasting:** A **total fast** is when we do not eat any food for a single day or for multiple days, and then breaking the fast at the meal called “breakfast” which is short for breaking the fast. Remember!!! fast **according to your ability!** The Catholic Church has made fasting quite easy because some people have serious difficulty in fasting. The Church defines a “fast” as eating only one full daily meal, plus two smaller meals, in other words, eliminate one full meal out of the day and no snacking in between; this is technically a **partial fast, but it is a fast.** Another method of the **partial fast** can be done by eating bread and drinking water in order to keep up one’s strength and attentiveness while working throughout the day of fasting. Fasting is an exercise in the practice of our Faith to help us unite our sacrifices to that of Jesus, and it is to strengthen our “will” to be the master of our bodies. Fasting is for all healthy adults, beginning their 19<sup>th</sup> year of life, and for adults less than 60 years of age. (Canon #1252)

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence; A person can fast almost any time, traditionally Fridays and Wednesdays throughout the year have been used as optional days of fasting, although fasting as a spiritual exercise can be done on any day of the week.

**Exceptions to Fasting:** **1)** People who are sick, injured or not in good health and need the physical nourishment of food to maintain physical health. **2)** People 18 years of age and under or people 60 years of age and older, since the youth are growing and the elderly require nourishment to stay healthy. **3)** Women who are pregnant or nursing child/children to maintain healthy nourishment for themselves and their child/children; **4)** People whose work is hard manual labor should eat according to their need to maintain physical strength to be attentive at their work; **5)** People of unsound mind (who do not have the temperance/self-control to endure bodily hunger or fatigue); **6)** When you are a guest at a meal and cannot excuse yourself without giving offense to your host, or when you are in other situations of moral or physical impossibility to observe the penitential discipline.

Remember, these are general guidelines for people to make good decisions with regard to the spiritual exercises of abstinence and fasting, as each person evaluates their own physical, psychological and spiritual condition.

*Fr. Doug Binsfeld*

## 5th Sunday in Ordinary Time ~ February 7, 2016

FATHER DOUG BINSFELD, PASTOR 997-2610 FAX: 573-2080 EMAIL: [frdougbinsfeld@sfcatholic.org](mailto:frdougbinsfeld@sfcatholic.org)

MARILYN SCHWEBACH, secretary 997-2610 FAX: 573-2080 EMAIL: [simonjude@iw.net](mailto:simonjude@iw.net)

OFFICE HOURS: WED., THUR., & FRI. 9:00-4:00

SISTER BENEDICTA LONG (ELKTON) 542-8221 ~ FATHER WILLIAM OSBORN (COLMAN) 605-660-3206

Liturgy Schedule			Location	Mass Intention
<b>Mon., Feb. 8</b>	7:30 AM 7:45 AM	Prayer/Communion Service Prayer/Communion Service	Flandreau Elkton	----- -----
<b>Tues., Feb. 9</b>	7:30 AM 7:45 AM 9:00AM	Mass Prayer/Communion Service Mass	Flandreau Elkton Colman	† Mabel Heinemann
<b>Wed., Feb. 10 Ash Wednesday</b>	6:00 PM 7:00 PM 8:00 pm	Mass (Fr. Doug) Mass (Fr. Osborn) Mass (Fr. Doug)	Colman Elkton Flandreau	All Parishioners † Anastasia Gebhart † Marcella Hoisington
<b>Thur., Feb. 11</b>	7:45 AM 9:00 AM	Prayer/Communion Service Mass	Elkton Colman	----- All Parishioners
<b>Fri., Feb. 12</b>	7:45 AM 5:00 PM 5:30 PM 9:00 AM	Prayer/Communion Service Stations of the Cross Mass Mass	Elkton Flandreau Flandreau Colman	----- † Francis/Erma Delay, Gary Hemmer
<b>Sat., Feb. 13</b>	5:00 PM	Mass	Colman	Dec. Members of JP Heinricy Family
<b>Sun., Feb. 14</b>	8:30 AM 10:30 AM	Mass Mass	Elkton Flandreau	† Richard Gebhart † Mabel Heinemann
Confessions are scheduled 1/2 hour prior to each weekend Mass.				

#### MINISTERS OF SERVICE

##### **COLMAN ~ ASH WEDNESDAY, FEB. 10**

**Lay Minister:** Alice Berg, Doug Entringer, Ryan Zwart

**Lect./Comm.:** Jerry Hemmer

**Altar Servers:** Ben Zwart, Carter Schmidt

**Gift Bearers/Usher/Greeters:** Bob Heinricy Family

##### **SATURDAY, FEB. 13**

**Lay Minister:** Mary Beth Zwart, Rose Shoenrock, Maureen Baumberger

**Lect./Comm.:** Dan Schmidt

**Altar Servers:** Monte Berg, Logan Voelker

**Gift Bearers/Usher/Greeters:** Ryan Zwart Family

##### **ELKTON ~ ASH WEDNESDAY, FEB. 10**

**Lay Minister:** Lisa Gebhart, Sharon Landsman

**Lect/Comm:** Ervin Gebhart, Judy Kampmann

**Altar Servers:** Abby & Alex Landsman

**Greeters/Gift Bearers:** Tom Peters

**Ushers:** Arlo Jurrens, Tom Gebhart

##### **SUNDAY, FEBRUARY 14**

**Lay Ministers:** JoAnn Heesch, Judy Kampmann

**Lect./Comm.:** Sharon Landsman, Chris Myers

**Altar Servers:** Corey & Tyler Jurrens

**Greeters/Gift Bearers:** Mary Remund

**Ushers:** Arlo Jurrens, Tom Gebhart.

#### MINISTERS OF SERVICE

##### **FLANDREAU ~ ASH WEDNESDAY, FEB. 10**

**Lay Minister:** Dave Johnson, Jean McGlone, Bev Minor

**Lect./Comm.:** Tom Luze/ Kris Johnson (C)

**Altar Servers:** Ted/Toby Taylor, Makayla Welbig, Duncan Antoine

**Ushers/Greeters:** Glenn Burggraff Family, Craig Shea

**Sacristan:** Pam Bev Minor

##### **SUNDAY, FEB. 14**

**Lay Minister:** Rita Parsley, Pam Rorvik-Albers, Jim Redder

**Lect/Comm:** Margie Powers/Marty Parsley ©

**Altar Servers:** Erin/James/Matthew Drietz, Caleb Dietrich

**Ushers/Greeters:** Glenn Burggraff Family, Craig Shea

**Sacristan:** LaVonne Headrick

**Read our parish bulletins on-line:**

[www.parishesonline.com/find/sts-simon-and-jude-parish](http://www.parishesonline.com/find/sts-simon-and-jude-parish)

#### **Daily Mass Readings:**

Feb. 8: 1 Kings 8:1-7,9-13;Ps 132:6-7,8-10;Mark 6:53-56

Feb.9 : 1 Kings 8: 22-23,27-30;Ps 84:3,4,5,& 10,11;Mk 7:1-13


Feb. 10 : Jl 2:12-18; Ps 51:3-6, 12-14 & 17; 2Cor 5:20-6:2, Mt 6:1-6, 16-18

Feb 11 : Deut 30:15-20; Ps 1:1-6;Lk 9:22-25

Feb 12 : Is 58:1-9;Ps 51 3-6,18-19; Mt 9:14-15

Feb. 13 : Is 58: 9-14; Ps 69:17; Lk 5:27-32

Feb 14 : Deut 26:4-10; p 91: 1-2,10-5; Rm 10:8-13;Lk 4:1-13

Jan. 31st		<b>Flandreau: \$2531.78</b>
Our Weekly Offering		<b>Elkton: \$975.90</b>
		<b>Colman: \$496.00</b>

**STS. SIMON & JUDE**

**Bell Choir:** Wednesdays at 6:30 PM.  
**Quilting:** Thursdays at 8:30 AM  
**Bible Study:** Mondays at 7:00 PM Contact Amy.Weight@k12.sd.us or 605-651-0095  
 Fridays at 10:30 AM. Contact Tonya 864-1538.

**KC's First Sunday Brunch,** February 7. Serving biscuits and sausage gravy, eggs, fruit, juice and coffee.

**Lenten Soup Suppers** will be each Wednesday during Lent starting on Ash Wednesday. Serving will begin at 5:30.

**CDA:** Your Lenten books are in the back of the church.

**Stations of the Cross:** Wed. at 7:15; lead by CCD students

Fridays at 5:00 with Fr. Doug, followed by Mass at 5:30

**OUR LADY OF GOOD COUNSEL**

**Lenten Soup Suppers** will be each Wednesday during Lent starting on Ash Wednesday. Serving will begin at 5:30.

**Stations of the Cross** with the CCD Classes at 6:30 on Wednesdays

**\*\*Date Change due to Weather\*\* Adult Faith Formation Opportunity:** Tuesday, February 9<sup>nd</sup> - 7:00 PM at St. Mary's hall. Topic is: A LOVE THAT LASTS. Everyone welcome!

**ST. PETER**

**Soup Suppers** during Lent at 5:00 pm beginning Feb 17th.

**Stations of the Cross** with the CCD students will begin at 7:00pm

**Coordinator for the CCD program needed** - Call Fr. Doug 997-2610

**Wednesday Religious Education (CCD)**

**SsS&J:** 5:45 PM for Pre,K-6; 7:15 PM for 7-12. Stations of the Cross begin Wed. Feb 17th at 7:15.

**ST. PETER:** 6:00 PM for elementary; 7:00 PM for HS.

♦ Coordinator for the CCD program needed - Call Fr. Doug 997-2610

**OLGC:** 6:30 PM - all grades begin with Stations of the Cross starting Feb. 17th.

**Stations of the Cross** lead by the CCD students on Wednesdays. Soup suppers before stations.

**Wed, Feb. 10th: Ash Wednesday Mass Schedule:**

- 6:00 pm Colman / Fr. Doug
- 7:00 pm Elkton / Fr. Osborn
- 8:00 pm Flandreau / Fr. Doug

**Confessions:**

- Feb 17th: Wed. 5:30 Aurora  
Elementary and HS confessions
- Feb. 24th: Wed. Flandreau with Fr. Doug,  
Fr. Osborn & Fr. Mangan  
Adoration and Confessions: 7:15- 8:15  
HS Confessions at 7:30,  
Adult Confessions after HS has finished  
Elementary Confessions: 5:45
- Feb 28: Sunday Flandreau  
Penance service Fr. Doug, Fr. Osborn &  
Fr. Farke
- Mar 2, Wednesday, Colman, 6:00  
Elementary and HS Confessions
- Mar 9: Wednesday, Elkton, 6:30  
Elementary and HS Confessions

**Broom Tree Retreats**

For more information or to register please call (605) 263-1040, email broomtree@sfcatholic.org or www.broom-tree.org

**Day of Recollection: February 16 - 10:00 AM**

**Parables that Laugh and Weep - Father Al Krzypolski**

**Women's Silent Retreat:** Feb. 18-21, Mar. 3-6, May 12-15;  
June 16-19

**Men's Silent Retreat:** Feb. 25-28, April 7-10; Aug. 18-21

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||| Tri-Parish Announcement: |||
||| A very generous donation has been made by a per- |||
||| son, who is not a member of these parishes, nor is he |||
||| from this area of Flandreau, Elkton or Colman. A for- |||
||| mer parishioner from one of my previous parishes had |||
||| introduced me to this man going through a difficult |||
||| situation. This man is grateful to God for what God did |||
||| for him through me. He wants to remain anonymous, |||
||| but he will be grateful for any prayers that you may |||
||| say for him and his family. This donation will be dis- |||
||| tributed between the three parishes of Flandreau, Elk- |||
||| ton, Colman and other charities according the donor's |||
||| wishes. Fr. Doug Binsfeld |||
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## **40 Days for Life**

*Beginning February 10th and running through March 20th there will be prayer vigils held outside the Planned Parenthood facility at 6511 W. 41st St. in Sioux Falls. This will be a peaceful time of prayer and fasting for an end to abortion and increased respect for human life from the time of conception. For more information on how you can sign up to pray please visit the website at <https://40daysforlife.com/local-campaigns/sioux-falls/calendar/> or volunteer by calling Cathy Crisp at 605 261-5649.*

**What should you get your spouse for Valentine's Day?** Jewelry? Flowers? Dinner and a movie? (Another) Teddy Bear? Why not give them something that they will remember and cherish forever--a Marriage Encounter Weekend! Spend your Valentine's Day getting to know your sweetie on a deeper level, and learning how to experience God's love for you through your spouse. A Marriage Encounter Weekend is being hosted at Broom Tree Retreat Center, Irene, SD Feb. 14-16, 2016. Go to [sdwwme.org](http://sdwwme.org) or call 605-362-0924.

### **National Marriage Week February 7-14**

Now more than ever, we need to support natural marriage between a man and a woman. Let us pray for and evangelize on this beautiful Sacrament. The upcoming observances of National Marriage Week and World Marriage Sunday ( Feb. 14) provide a great opportunity to celebrate marriage and affirm and support engaged and married couples. Resources to help celebrate the week have been developed by the USCCB and are available on line at [www.usccb.org/issues-and-action/marriage-and-family/national-marriage-week.cfm](http://www.usccb.org/issues-and-action/marriage-and-family/national-marriage-week.cfm)

## **Youth Discipleship and Evangelization**

Sioux Falls SEARCH: Feb. 19th, June 10-12

D-Camp: June 13-16 (Grades 9-10)

July 10 - 13 (Grades 11-12)

July 14 - 17 (Grades 7-8)

Going Deeper Retreat: St. Thomas Aquinas Parish in Madison on March 4. This retreat is for youth in grades 9 - 12 who are actively involved in their parish or have participated in other retreats/events and who want to grow in their faith. For more information contact Mary Anderson at 605-988-3766 or visit our website: [www.sf catholic.org/youth](http://www.sf catholic.org/youth).

**Bishop Hoch Scholarship 2016-2017:** The Diocese awards a \$1,000.00 Scholarship in each of the seven deaneries, to enable a student to attend either Mount Marty College in Yankton or Presentation College in Aberdeen. Applications are being accepted for the 2016-17 school year. The scholarships are available to new students, students already in college and non-traditional students interested in attending or already attending Mount Marty and Presentation Colleges. Please contact Mary Andersen at [mandersen@sfcatholic.org](mailto:mandersen@sfcatholic.org) for more information.

**Help for the military and their families:** The St. Raphael Fund is meant to assist the military and their families in meeting needs not supported in other ways. The goal is encourage healthy families and to provide care for those who serve. Applications for funds can be sent to St. Raphael Fund, 523 N. Duluth Ave, Sioux Falls, SD 57104, or any diocesan Catholic Family Services Office, 1-800-700-7867. Donations to the fund can be sent to the same address.

**HUNGERING FOR THE JOURNEY:** Join our parish community, and nearly 14,00 Catholic Communities across the US, in a life-changing Lenten journey with a Catholic Relief Service Rice Bowl. Pick up your family's rice bowl from back of the church on Feb. 10, Ash Wednesday, and don't forget to download the CRS Rice Bowl app! Remember, what you give up for Lent changes lives.

**Making Valentine's Day plans?** How does a romantic candlelight Italian dinner of salad, homemade lasagna, and wine or sparkling grape juice sound? Add to that a cheesecake dessert and you have a perfect meal! The Tri-Parish youth will host this supper on Sunday, February 14th at St. Leo Parish Hall, Pipestone all for only \$15 per person. Tickets are available by calling the Tri-Parish Office (825-3152). Catholic United Financial is sponsoring this event and will provide a matching grant of up to \$1,000 for the youth.

### **Best Lent Ever Program:**

Join Dynamic Catholic's free email program and begin a 40-day spiritual journey to encounter Jesus. Beginning Ash Wednesday and continuing through the 40 days of Lent, you will receive daily inspirational emails, including short videos from Matthew Kelly. This year's Best Lent Ever Program is based on Matthew Kelly's new book "**Rediscover Jesus**". You can learn more about the program, sign up, and find resources to share at [DynamicCatholic.com/Lent](http://DynamicCatholic.com/Lent)

**Pray for Life with Bishop Paul J. Swain**

by Planned Parenthood on 41<sup>st</sup> Street

**12:00 Noon - February 16**

**If you are unable to attend, please consider joining in prayer in your own parish.**